ELITE HOCKEY ACADEMY

2025-2026 SEASON GUIDE

18U AND 16U ACADEMY

TIER 1 AAA

TABLE OF CONTENTS

	LETTER FROM THE PRESIDENT	1
	OUR FOCUS	2
	ACADEMIC ADVANTAGE	3
6	OUR FACILITIES	4
	LEAGUE INFO	5

COACHING STAFF

PLAYER TESTIMONIAL

BILLET PROGRAM

ALUMNI

EXAMPLE SCHEDULE

CONTACT INFORMATION 7

8

9

10

11

LETTER FROM THE PRESIDENT



PETER ALDEN President & Program Director At Elite Hockey Academy, we promote academic and athletic excellence. We take pride in developing self-confident young men who are committed to continuous improvement as students, athletes, and community leaders.

Elite Hockey Academy is proud to work with some of the best student-athletes from across the globe. This year, we welcomed players from Canada, Russia, Denmark, Switzerland, France, Kazakhstan, Korea, and more.

OUR FOCUS

THE ELITE HOCKEY ACADEMY STRONGLY BELIEVES IN CULTURE AND DEVELOPMENT.

In order to develop more complete studentathletes, we focus our energy on individual player development and teach our players to understand how their role fits into the identity of the team. Our mission is to develop not only the best hockey players but also the best all-around young men.

DEVELOPMENT

Our academy model allows for maximum development throughout the full hockey season. Our daily schedule includes: before school workouts, team practices, position-specific practices, video meetings, leadership meetings, goalie sessions, games, and tournaments. We believe that our program allows players to get the most out of their academic and hockey careers through efficiency and structure. With our student-athletes living under one roof, we are able to accomplish so much more than most programs.



- League Affiliation
- 60-65 Games
- Skills and Team Practices
- Strength and Conditioning Coach
- Goalie Coaching
- 3-4 Prestigious Tournaments/Showcases
- First-Class Prep School Education (9th-PG)
- Coach Bus for Game/Practice Transportation



PPHL

AYHL

CHC

Power Prep Hockey League

Atlantic Youth Hockey League

Connecticut Hockey Conference



Games



Prestigious Tournaments/Showcases



First Class Prep School Education

ACADEMIC ADVANTAGE

One thing that gives Elite Hockey Academy players an advantage over others is our Academy Model. Unlike other academy programs that only offer online schooling, EHA players have the privilege of attending Notre Dame of West Haven in person. At EHA, you get the benefit of attending class in person and building personal connections, with the flexibility to attend practices and games—an option that most others can only offer through online school. Notre Dame students have gone on to become ideal leaders for our rapidly changing world.

Notre Dame Quick Facts

- Founded: 1946
- Grades: 9th-PG
- Co-Ed
- Small Class Sizes
- Strong Academic Support
- Renowned Sports, Exercise, and Health Science
 Program





Founded





Student to Teacher Ratio





Grades

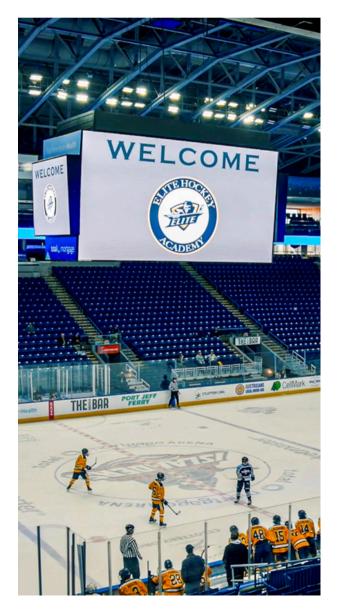


OUR FACILITIES

TOTAL MORTGAGE ARENA

Our 18U and 16U Academy teams have the privilege of playing out of Total Mortgage Arena in Bridgeport, Connecticut. TMA is home to the Bridgeport Islanders of the American Hockey League. Our players get to experience what it's like to train and play in a pro atmosphere in a world-class arena.

Our student-athletes will be provided with transportation for all away games by our team coach bus. The team will travel together and follow an organized and structured travel plan. Players and parents will receive travel itineraries to help them prepare and plan their weekends accordingly.





NOTRE DAME OF WEST HAVEN WEIGHT ROOM

Located right at the prep school, our players have the tools and convenience to give themselves a physical edge over other programs. Our teams have the luxury of having our off-ice routines right at the school, so players can get straight to class.



LEAGUE INFO



Founded in 2022, the Power Prep Hockey League was created to bring together like-minded academies, prep schools, and AAA hockey organizations for a series of showcases designed to highlight the talents of the student-athletes from these prestigious organizations.

PPHL The Power Prep Hockey League





The Atlantic Youth Hockey League (AYHL) is the premier Tier 1 AAA travel league on the East Coast. It is composed of over 125 teams from the Atlantic, New England, New York, and Southeast districts. It is the AYHL's mission to train and develop young athletes, preparing them for the highest level of the game, including Junior Hockey, NCAA Hockey, and Professional.

AYHL The Atlantic Youth Hockey League





The Connecticut Hockey Conference consists of 38 youth hockey organizations within Connecticut. These local organizations make it possible for between 10,000 and 12,000 young hockey players to have the opportunity to enjoy amateur hockey at many different levels. CHC provides the structure and the means for boys and girls ages 4 to 19 to learn the necessary skills to play the sport of hockey.

CHC Connecticut Hockey Conference



FULL TIME COACHING STAFF



PETER ALDEN President and Program Director

- Former D1 hockey player at UMass Amherst (Hockey East) and Quinnipiac (ECAC).
- Played youth hockey in Connecticut and furthered his playing career in the NAHL and EJHL (now NCDC).
- Four seasons at the varsity level at Choate Rosemary Hall in Wallingford, CT.
- Coached to the Tier 1 USA National Championship three times.
- Coached three NHL draft picks, 20+ NCAA D-1 hockey players, and has helped countless other move on to contribute at the prep school and junior levels.



DALLAS DERR Associate Coach & Assistant Director

- 2nd year with Elite Hockey Academy.
- Six seasons coaching in Nashville, Tennessee, for the Jr. Preds, Total Package Hockey, and the all-boys prep school Montgomery Bell Academy, where he captured one Tennessee State High School title and three regular-season titles.
- Dallas is currently a scout for the Ogden Mustangs in the NCDC.



KEVIN SHAND 18U Academy Head Coach & 16U Assistant Coach

- Born and raised in Ann Arbor, Michigan.
- Played three years of junior hockey for a variety of teams in the NAHL and USHL.
- A 4-year letter winner at Milwaukee School of Engineering, an NCAA D-III program.
- Four seasons with the Milwaukee Jr. Admirals as head coach for their Bantam Major and Midget Minor teams before moving on to coach 16U at Victory Honda.
- Kevin is currently a scout for the Green Bay Gamblers in the USHL and trains pro, college, and NTDP players with NAR Hockey in Plymouth, MI.



LUKAS SAMUELSSON 16U Academy Head Coach & 18U Academy Assistant Coach

- Coach Lukas Samuelsson, son of NHL alumni Kjell Samuelsson, grew up playing hockey for the Team Comcast organization in Philadelphia.
- Lukas attended the Northwood School for prep and then played junior hockey in the GMHL.
- Lukas would go on to play NCAA D-1 hockey for Western Michigan University.
 Before joining EHA in 2024-25, Lukas spent two seasons coaching pro hockey with the Reading Royals in the ECHL.



NOLAN SCHAEFER Goaltending Coach

- Nolan, a Saskatchewan native, played junior hockey for the Nipawin Hawks in the SJHL.
- After juniors, Nolan went on to play four years of NCAA D-1 hockey for Providence College.
- Nolan would go on to have a long playing career, suiting up for games in the NHL, AHL, KHL, and NLA.



MICHAEL BREULER Strength & Conditioning Coach

- Attended Hamden Hall for high school.
- Captain of Football, Basketball, and Lacrosse at Hamden Hall.
- Played college football for Wesleyan
 University.
- Played Pro Football from 2021-2024 in Germany and Austria.

PLAYER TESTIMONIALS



SEBASTIAN BRADSHAW EHA 18U 2022-2023

"When I was coming to Elite, I wasn't too sure what to expect. But my year at Elite was one of the most memorable times of my life. I got to meet new teammates from all around the world, with a great coaching staff and great schooling that works with you and around your hockey schedule. I couldn't have been happier with how my experience at Elite turned out and couldn't have done it without Pete and the help of the staff at EHA and ND West Haven."

2023 Division 1 Commit



2023 Dallas Stars Draft Pick NHL



"Living with an American family has been a wonderful experience. We are very happy with our billet family, with whom we have already formed a great friendship. They are so kind to take our son out to eat, to various sports events, and community activities—and generally make him feel like part of their family."

MICHAEL KLITAA JØRGENSEN

Parent of 16u Academy Player Andreas Jørgensen Academy

16U

BILLET PROGRAM

BILLET FAMILIES

While in Connecticut, players are taken care of on and off the ice. The Elite Hockey Academy has a history of providing players with housing opportunities with quality billet families. Our families work hand in hand with the organization to provide great direction and support for all of our players. Billet families go through rigorous screening to determine if they will be the best fit possible for our players and organization.

OBJECTIVES

- Create strong bonds with families that are never broken.
- Provide a cultivated, structured environment that encourages confidence and leadership.
- Billet Duration: September–June.
- Players will have their own room or a shared room with one other player.
- Safe environments that allow players to develop on and off the ice.



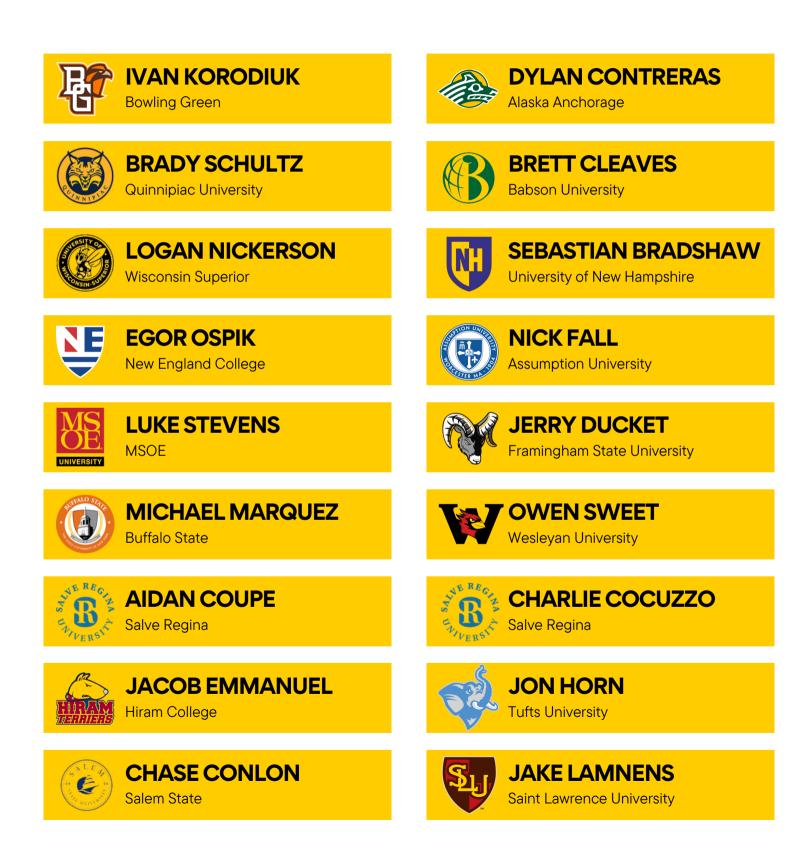
HOUSING & DINING

Elite Hockey Academy also offers on-campus living options for out-of-state players. All oncampus houses are overseen by a billet parent who lives in the house with the players. Players living in on-campus houses will have catered dinners delivered to their house every weekday.

WEEKLY **EXAMPLE SCHEDULE**

Monday	3:15 - 4:00 pm	Academy Skills	ТМА	Practice
Monday	4:15 - 5:15 pm	16U Practice	ТМА	Practice
Monday	5:30 - 6:30 pm	18U Practice	ТМА	Practice
Tuesday	6:30 AM - 7:15 AM	16U Strength Training	Notre Dame	Training
Tuesday	7:00 AM - 7:45 AM	18U Strength Training	Notre Dame	Training
Tuesday	School Resumes	3rd Quarter Begins	Notre Dame	School Resumes
Tuesday	1:30 PM	16U Academy	Notre Dame	Bus Pickup
Tuesday	2:15-3:00pm	Academy Skills	ТМА	Practice
Tuesday	3:15-4:15pm	16U Practice	ТМА	Practice
Tuesday	4:30-5:30pm	18U Practice	ТМА	Practice
			_	
Wednesday	2:26 PM	16U Academy	Notre Dame	Bus Pickup
Wednesday	2:30-3:45pm	18U Practice	ТМА	Practice
Wednesday	4:00 PM	16U Academy Game	ТМА	Danbury Hat Tricks
		1		
Thursday	6:30 AM - 7:15 AM	16U Strength	Notre Dame	Training
Thursday	7:00 AM - 7:45 AM	18U Strength	Notre Dame	Training
Thursday	1:30 PM	16U Academy	Notre Dame	Bus Pickup
Thursday	2:15-3:00pm	Academy Skills	ТМА	Practice
Thursday	3:15-4:15pm	16U Practice	ТМА	Practice
Thursday	4:30-5:30pm	18U Practice	ТМА	Practice
Friday	2:26 PM	16U Academy	Notre Dame	Bus Pickup
Friday	3:15 - 4:15 PM	16U Practice	ТМА	Practice
,				
Saturday	10:30 AM-11:20 AM	18U Academy	East Haven	Pre-Game Skate
Saturday	2:45 PM	18U Bus Pick up	Notre Dame	Mennan, NJ
Saturday	6:30 pm - 8:30 pm	18U Academy Game	Mennan, NJ	NJ Colonials
Saturday	10:00 am - 11:00 am	16U Academy Game	ТМА	NJ Hitmen
Sunday	1:15 pm - 3:15 pm	16U Academy Game	Hackensack, NJ	NJ Avalanche
Sunday	9:40am - 11:40am	18U Academy Game	Yale Ingalls	Northern Cyclones





CONTACT US



PETER ALDEN

President and Program Director (203)-444-7634 palden@elitehockeyaaa.com

DALLAS DERR

Assistant Director (215)-622-7069 dallas@elitehockeyaaa.com

Website

www.elitehockeyprogram.com www.notredamehs.com